

Dance Educates Risk Assessment

Last updated: May 2021

General dance class risks				
Principal Hazards	Potential outcome	Those at risk	Preventive Action	Risk rating
Wearing inappropriate footwear	Damage to floors, injuries	Teachers, participants, visitors	Participants to be told before arrival to wear appropriate footwear or bare feet if necessary	Low
Dehydration	Fainting, headaches	Participants	Teacher ensures the class moves at an appropriate pace and allows time for breaks to rehydrate	Low
Leaving bags and personal belongings in gangways or in the way of the dance participants	Tripping hazards causing injury and damage to goods	All studio users	Participants will be asked to leave bags and personal items in a designated space within or outside the studio space on arrival by the teacher	Medium
Risk of dance relating injury (i.e. sprain, break, strain to muscular skeletal system) through misinterpretation of task or poor/incorrect execution	Minor and major injuries	Participants	The teacher will be advised as to the competence level of the participants in advance. Participants will be encouraged to ask questions if they do not understand the task. Suitable warm-up and cool down exercises will be given at each class	Medium
Risk of collisions with other people or furniture/equipment	Injury to the person or those surrounding them	Participants	Class teacher to ensure that participants are well spaced out within the room and that they have sufficient room for the activity	Medium
Electrical hazards with portable/static appliances and water	Injury, death	Teachers, participants, visitors	Teacher to monitor that water and drinks are not stored on or near to electrical equipment	Medium
Spillages of water or other drinks within the studio	Slips, injuries to the person and those around them	Participants	Spillages will be mopped up immediately and cordoned off until dry. Only water in sealable bottles will be allowed in studio spaces	Medium

COVID-19 specific risks				
Principal Hazards	Potential outcome	Those at risk	Preventive Action	Risk rating
Contracting the virus through public transport	Contracting COVID-19	Teachers, participants, visitors	Bike racks available to encourage cycling	Medium
Entry to the space causing congestion	Contracting COVID-19	Teachers, participants, visitors	Staggering participants on entry	Medium
Contracting the virus through personal belongings	Contracting COVID-19	Teachers, participants, visitors	Shoes and bags to be left on the side and not to be touched during the class. One water bottle per participant can be kept on the side and used during the session	Medium
Contracting the virus through touch	Contracting COVID-19	Teachers, participants, visitors	Using sanitising gel on hands on arrival and toilets available for handwashing. Cleaning the floor/doorhandles/panels after each class	Medium
Contracting the virus through cash	Contracting COVID-19	Teachers, participants, visitors	Using contactless method of payment	Medium
Contracting the virus through other participants	Contracting COVID-19	Teachers, participants, visitors	Using marked out spaces to apply social distancing at one meter plus for the participants in the studio/space	Medium
Contracting the virus through physical contact with other participants	Contracting COVID-19	Teachers, participants, visitors	No contact will be made with other participants during the session. Participants can work together when creating dances but this will be at a distance from each other	Medium
Contracting the virus through lack of ventilation	Contracting COVID-19	Teachers, participants, visitors	Opening doors/windows before and after the session (and during if weather permits) to allow fresh air through the space	Medium
Exit from space causing congestion	Contracting COVID-19	Teachers, participants, visitors	One participant to leave one at a time (with designated adult if a child) to stop congestion at the end of the class	Medium